



"Truth or Dare" Questions and Challenges

Read through the Dare Challenges before the party and gather any necessary items it would take to complete the challenge.

Questions you can ask for "Truth"

What is your favorite Disney Princess and why?

What do you still like that you wish others didn't know about?

If you could make anyone like you, who would it be?

Who would like to eat lunch with once, the person can be dead or alive?

Tell the group something about yourself they don't already know.

If could be any animal, which one would it be and why?

If you could decide where to live for a year, where would it be?

What is the favorite vacation you have ever been on?

If you had \$1,000 and had to spend it all today, what would you buy?

What is your most embarrassing moment?

What do you plan on naming your first son or daughter?

Do you talk in your sleep. If so, have others told you what you have said? What?

What is the funniest thing that has ever happened to you?

Where is the strangest place you have ever broke out laughing?

Do you still sleep with something favorite like a blanket or stuffed animal?

How old were you when you last owned a pair of pajama's with feet in them?

What are you most afraid of?

Would you rather be a famous singer or famous actress? Why?

Questions you can ask for "Truth"

Have you ever played sick and stayed home? Why did you play sick?

Tell something you like most about each person in the room.

What is the most annoying thing about the person to your right and left?

What was the worst lie you ever told? Did you get caught?

Name two people in the group that you could live with for a year. Why?

What was the meanest thing ever said to you or about you?

If you could change places with a boy for a day, would you? Why?

Items you can challenge as a "Dare"

Dance in the middle of the circle to random song

Call one of your siblings and tell them one great thing you admire about them

Text three boys you know and tell them "I am AWESOME"

Sit on a balloon until it pops

Stack up canned goods from the pantry until you can't reach the top

Bark like a dog after everything you say for the next 10 minutes

Wrap your knees together with plastic food wrap until the end of the game

Chug a root beer without stopping

Put as many jumbo marshmallows in your mouth as will fit

Talk with a foreign accent until the end of the game

Do your best impression of the boy you like

If anyone says UM, you have to pretend to sneeze for the rest of the game

Items you can challenge as a "Dare"

Sing Mary Had a Little Lamb while doing a ballet dance

Pretend a stuffed animal is the boy you like, tell him how you fell

Empty your purse in the circle and tell why you carry each item

Let the group wrap you in toilet paper

Sing your favorite song to the group

Stand with your nose in the corner for one minute

The group gets to put three food items in a blender and you have to drink some

Check for toe jam between everyone's toes

Wear your clothes backward for the rest of the evening

Hold an ice cube in your hand until it melts